Rwy	Knots	60	120	180	240	300	360
†10 ⓐ	V/V(fpm)	400	800	1200	1600	2000	2400
*28 ⓑ	V/V(fpm)	240	480	720	960	1200	1440

* Minimum † ATC Climb Rate
ⓐ to 500
ⓑ to 600

RADAR required

ATIS 118.425 338.225
CLNC DEL 120.7 339.8
GND CON 121.8 370.85
CHAMBERS TOWER 124.3 379.15
NORFOLK DEP CON 125.2 363.125
WASHINGTON CENTER 123.85 323.0

[USN]

CAPE CHARLES 112.2 CCV Chan 59

CHAMBERS Chan 86(Y) NGU

HOPEWELL 114.35 HPW Chan 90(Y)

HARCUM 108.8 HCM Chan 25

FLAT ROCK 113.3 FAK Chan 80

NORFOLK 116.9 ORF Chan 116

ELIZABETH CITY 115.75 ECG Chan 104(Y)

ATLIC — R-095

SWOPE

VISOW

WAIKS

KELLE

R-290

R-178

R-183

R-310

R-201

R-211

R-216

290°

003°
(21)

245

215 ①

108 ②

V139

J174

NOTE: chart not to scale

(CONTINUED ON FOLLOWING PAGE)

① 1.3 NM from Rwy 28
② 0.26 NM from Rwy 10

NE-3, 07 AUG 2025 to 04 SEP 2025