

FEDERAL AVIATION ADMINISTRATION
FLIGHT STANDARDS SERVICE
STANDARD TERMINAL ARRIVAL (STAR)

Bearings, headings, courses, tracks and radials are magnetic. Elevations and altitudes are in feet, MSL. Altitudes are minimum altitudes unless otherwise indicated.
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Arrival Name PROUD (RNAV)		Number ONE	STAR Computer Code ENO.PROUD1		Superseded Number NONE		Dated	Effective Date 15 JUN 2023	
TRANSITION ROUTES:									
Transition Name	Transition Computer Codes	From FIX/NAVAID	To FIX/NAVAID	Course	Distance	MEA	MOCA	MAA	Crossing Altitudes / Fixes
GORDONSVILLE	GVE.PROUD1	GVE VORTAC	GVE VORTAC						
			ZUNAR	096.87	54.42	10000	2800		
			HYTRA	078.43	30.66	10000	1600		
			PRNCZ	049.50	25.35	10000	1600		
			RIDGY	048.16	23.47	10000	1600		AT FL270
			ENO VORTAC	048.39	21.52	10000	1600		AT/ABOVE FL240
HURTS	HURTS.PROUD1	HURTS	HURTS						
			GROKK	039.85	27.91	10000	1600		
			HYTRA	038.61	28.12	10000	1600		
			PRNCZ	049.50	25.35	10000	1600		
			RIDGY	048.16	23.47	10000	1600		AT FL270
			ENO VORTAC	048.39	21.52	10000	1600		AT/ABOVE FL240
HYTRA	HYTRA.PROUD1	HYTRA	HYTRA						
			PRNCZ	049.50	25.35	10000	1600		
			RIDGY	048.16	23.47	10000	1600		AT FL270
			ENO VORTAC	048.39	21.52	10000	1600		AT/ABOVE FL240
SPEAK	SPEAK.PROUD1	SPEAK	SPEAK						
			ENO VORTAC	057.85	14.95	10000	1600		AT/ABOVE FL240

ARRIVAL ROUTE DESCRIPTION:

FROM ENO VORTAC ON TRACK 046.53/20.00 TO CROSS SKIPY BETWEEN FL190 AND FL220, THEN ON TRACK 047.90/12.60 TO CROSS BESSI AT OR ABOVE 17000, THEN ON TRACK 045.57/12.41 TO CROSS EDJER BETWEEN 13000 AND 17000, THEN ON TRACK 046.89/5.39 TO CROSS DAVYS AT OR ABOVE 13000, THEN ON TRACK 059.69/4.38 TO HOLEY, THEN ON TRACK 059.73/5.66 TO BRAND, THEN ON TRACK 059.80/5.25 TO CROSS KORRY AT OR ABOVE 11000, THEN ON TRACK 059.84/9.70 TO CROSS DEPDY AT 10000, THEN ON TRACK 056.01/7.28 TO TYKES, THEN ON TRACK 056.07/7.12 TO MINKS, THEN ON TRACK 056.14/2.99 TO JERZY, THEN ON TRACK 056.17/9.03 TO RENUE, THEN ON TRACK 044.85/7.94 TO PROUD, THEN ON TRACK 044.97/10.98 TO VADDR, THEN ON TRACK 044.97 TO FINAL APPROACH COURSE.

PBN REQUIREMENT NOTES:

RNAV 1 - DME/DME/IRU OR GPS

EQUIPMENT REQUIREMENT NOTES:

RADAR REQUIRED

QUALITY
14
CHECKED

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PROUD (RNAV)	ONE	ENO.PROUD1	NONE		15 JUN 2023

PROCEDURAL DATA NOTES:

NOTE: JET AIRCRAFT ONLY

NOTE: SPEAK TRANSITION FOR WASHINGTON METROPOLITAN DEPARTURES ONLY.

FIXES AND/OR HOLDING PATTERNS:

CHART HOLDING AT BESSI: HOLD SW, LT, 047.90 INBOUND, 10 NM LEGS.

CHART HOLDING AT DEPDY: HOLD SW, RT, 056.00 INBOUND, 4 NM LEGS, 210 KIAS.

CHART HOLDING AT GROKK: HOLD SW, LT, 039.85 INBOUND, 10 NM LEGS.

CHART HOLDING AT GVE VORTAC: HOLD W, LT, 093.00 INBOUND, 10 NM LEGS.

CHART HOLDING AT HOLEY: HOLD SW, LT, 057.95 INBOUND, 4 NM LEGS, 210 KIAS.

CHART HOLDING AT HURTS: HOLD SW, LT, 025.98 INBOUND, 12 NM LEGS.

CHART HOLDING AT JERZY: HOLD SW, LT, 057.00 INBOUND, 4 NM LEGS, 210 KIAS.

CHART HOLDING AT PRNCZ: HOLD SW, LT, 049.50 INBOUND, 10 NM LEGS.

CHART HOLDING AT PROUD: HOLD SW, LT, 045.00 INBOUND, 4 NM LEGS, 200 KIAS.

COMMUNICATIONS:

CHART: NEW YORK APP CON

CHART: WASHINGTON CENTER

AIRPORTS SERVED:

<u>AIRPORT ID</u>	<u>CITY</u>	<u>STATE</u>
KLGA	NEW YORK	NY

LOST COMMUNICATIONS PREFERENCES:**REMARKS:**

THE ENVIRONMENTAL REVIEW UNDER ORDER 1050.1 (LATEST EDITION) AND THE NOISE SCREENING HAVE BEEN ACCOMPLISHED.

ADDITIONAL FLIGHT DATA:

DME/DME ASSESSMENT: SAT (RNP 2.0)

MAG VAR= KLGA 12W/1980

CHART AT VADDR TERMINUS: LDG KLGA

QUALITY
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FLIGHT INSPECTED BY:

MICHAEL G CAMPBELL

ORGANIZATION:

FPO

DATE:

03/30/2023

Flight Inspected Signature:

*Digitally signed by***ERIC N SUSKI**

Apr 04, 2023

*Digitally signed by***ERIC N SUSKI**

Feb 23, 2023

DEVELOPED BY:

ERIC SUSKI (ZACHARY KRUEGER)

AJV-A431

1/17/2023

Developed By Signature:

*Digitally signed by***ERIC N SUSKI**

Feb 23, 2023

APPROVED BY:

ERIC SUSKI

AJV-A431

Approved By Signature:

CHANGES:**REASONS:**

QUALITY
14
CHECKED

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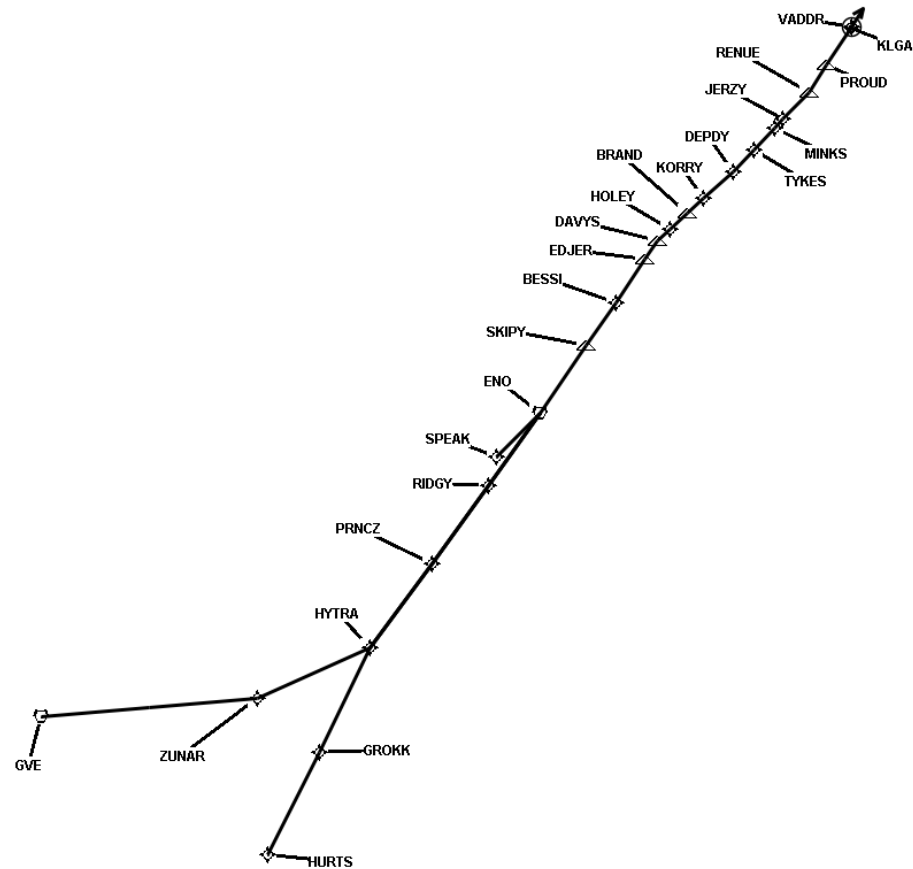
The diagram illustrates a flight profile with the following waypoints and altitude markers:

- Waypoints:** GVE, ZUNAR, GROKK, HURTS, RIDGY, SPEAK, ENO, SKIPPY, BESSI, EDJER, DAVYS, HOLEY, KORRY, DEPDY, JERZY, RENUE, VADDER, KLGA.
- Altitude Markers:** FL270, FL240, FL220, FL190, 17000, 13000, 17000, 13000, 11000, 10000, 10000.

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Graphic Depiction 2					

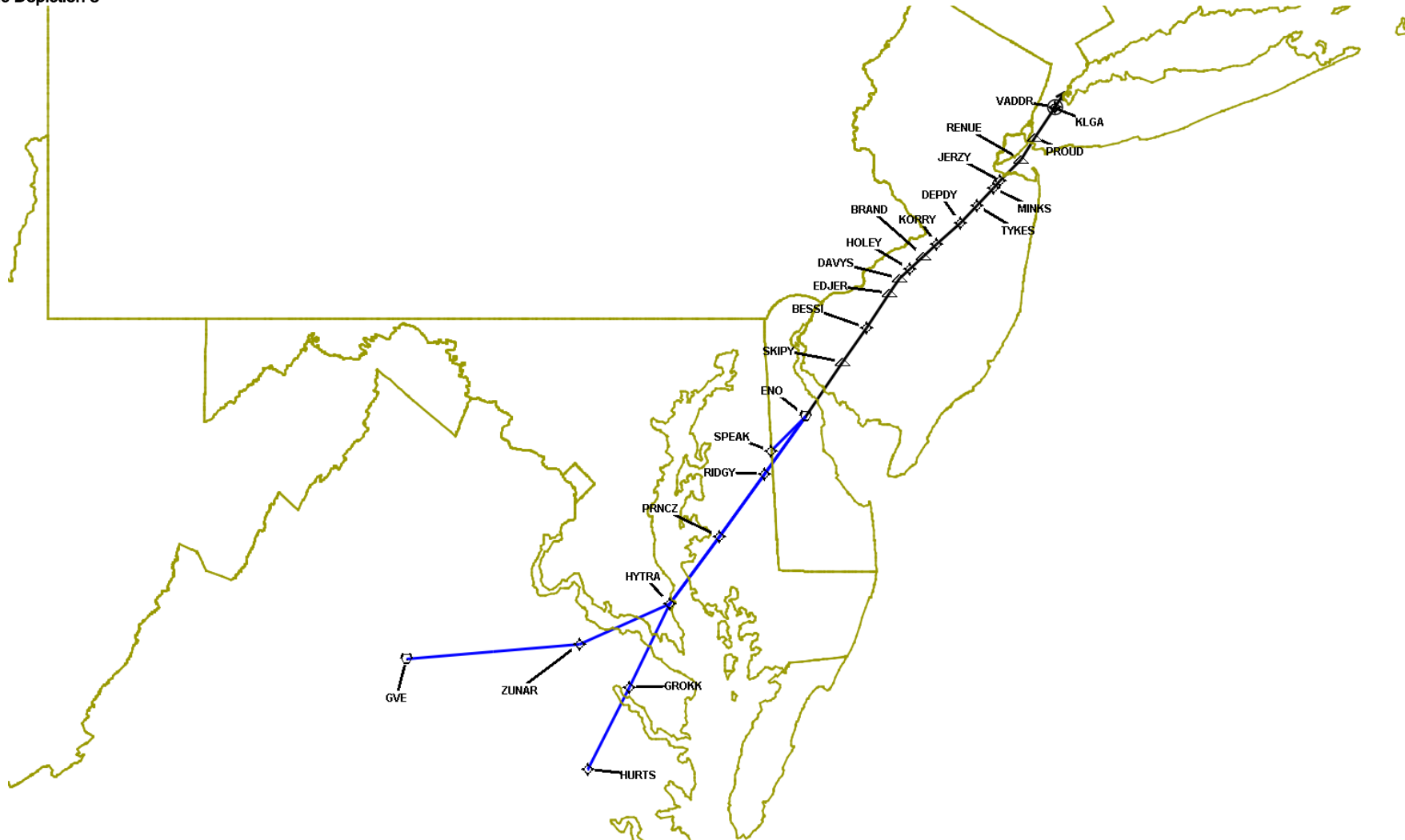


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Graphic Depiction 3



**FEDERAL AVIATION ADMINISTRATION
FLIGHT STANDARDS SERVICE
STAR (DATA RECORD)**

Arrival Name PROUD (RNAV)	Number ONE		STAR Computer Code ENO.PROUD1		Superseded Number NONE		Dated	Effective Date 15 JUN 2023	
<u>FIX/NAVAID</u>	<u>LAT/LONG</u>	<u>C</u>	<u>FO/FB</u>	<u>LEG TYPE</u>	<u>TC</u>	<u>DIST (NM)</u>	<u>ALTITUDE</u>	<u>SPEED</u>	<u>REMARKS</u>
En Route Transition									
GVE VORTAC	380048.96N / 0780910.90W	Y		IF					GVE.PROUD1
ZUNAR	380520.94N / 0770031.60W	Y	FB	TF	084.87	54.42			
HYTRA	381731.91N / 0762449.80W	Y	FB	TF	066.43	30.66			
PRNCZ	383738.10N / 0760508.20W	Y	FB	TF	037.50	25.35			
RIDGY	385634.71N / 0754723.33W	Y	FB	TF	036.16	23.47	AT FL270		
ENO VORTAC	391353.93N / 0753057.49W	Y	FB	TF	036.39	21.52	AT/ABOVE FL240		
En Route Transition									
HURTS	372741.87N / 0765717.75W	Y		IF					HURTS.PROUD1
GROKK	375222.88N / 0764049.87W	Y	FB	TF	027.85	27.91			
HYTRA	381731.91N / 0762449.80W	Y	FB	TF	026.61	28.12			
PRNCZ	383738.10N / 0760508.20W	Y	FB	TF	037.50	25.35			
RIDGY	385634.71N / 0754723.33W	Y	FB	TF	036.16	23.47	AT FL270		
ENO VORTAC	391353.93N / 0753057.49W	Y	FB	TF	036.39	21.52	AT/ABOVE FL240		
En Route Transition									
HYTRA	381731.91N / 0762449.80W	Y		IF					HYTRA.PROUD1
PRNCZ	383738.10N / 0760508.20W	Y	FB	TF	037.50	25.35			
RIDGY	385634.71N / 0754723.33W	Y	FB	TF	036.16	23.47	AT FL270		
ENO VORTAC	391353.93N / 0753057.49W	Y	FB	TF	036.39	21.52	AT/ABOVE FL240		
En Route Transition									
SPEAK	390329.31N / 0754445.94W	Y		IF					SPEAK.PROUD1
ENO VORTAC	391353.93N / 0753057.49W	Y	FB	TF	045.85	14.95	AT/ABOVE FL240		
Common Route									
ENO VORTAC	391353.93N / 0753057.49W	Y		IF			AT/ABOVE FL240		ENO.PROUD1
SKIPY	393022.48N / 0751618.57W	Y	FB	TF	034.53	20.00	FL190BFL220		
BESSI	394034.84N / 0750644.53W	Y	FB	TF	035.90	12.60	AT/ABOVE 17000		

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<u>FIX/NAVAID</u>	<u>LAT/LONG</u>	<u>C</u>	<u>FO/FB</u>	<u>LEG TYPE</u>	<u>TC</u>	<u>DIST (NM)</u>	<u>ALTITUDE</u>	<u>SPEED</u>	<u>REMARKS</u>
EDJER	395055.42N / 0745749.97W	Y	FB	TF	033.57	12.41	13000B17000		
DAVYS	395520.60N / 0745349.77W	Y	FB	TF	034.89	05.39	AT/ABOVE 13000		
HOLEY	395817.71N / 0744936.76W	Y	FB	TF	047.69	04.38			
BRAND	400206.28N / 0744409.50W	Y	FB	TF	047.73	05.66			
KORRY	400537.83N / 0743905.56W	Y	FB	TF	047.80	05.25	AT/ABOVE 11000		
DEPDY	401208.25N / 0742942.67W	Y	FB	TF	047.84	09.70	AT 10000		
TYKES	401722.38N / 0742306.13W	Y	FB	TF	044.01	07.28			
MINKS	402229.54N / 0741637.10W	Y	FB	TF	044.07	07.12			
JERZY	402438.34N / 0741353.52W	Y	FB	TF	044.14	02.99			
RENUE	403106.72N / 0740538.72W	Y	FB	TF	044.17	09.03			
PROUD	403747.25N / 0735959.12W	Y	FB	TF	032.85	07.94			
VADDR	404700.20N / 0735207.00W	Y	FO	TF	032.97	10.98			
KLGA				FM	032.97				